

The TENA Flex Fitting Technique

Standing Position (can be applied the other way around)



Fully open up the pad. Shape the pad into a bowl shape.

Slide the belt around the hips and secure at the front with the hook-in-line tabs.

With the user standing, pull the pad between the legs by stretching the hook-in-line tabs so that they reach the belt.

Stretch the front of the pad up towards the waist and out at each side. Attach the hook-in-line tabs to the belt with soft pressure.

Double-check the hook-in-line tabs are fixed securely and that there's a close fit in the groin area.

Sitting Position (can be applied the other way around)



Fully open up the pad. Shape the pad into a bowl shape.

With the user sitting, slide the belt around the hips and secure at the front with the hook-in-line tabs.

With the user standing, pull the pad between the legs by stretching the hook-in-line tabs so that they reach the belt.

Stretch the front of the pad up towards the waist and out at each side. Attach the hook-in-line tabs to the belt with soft pressure.

Double-check the hook-in-line tabs are fixed securely and that there's a close fit in the groin area.

Lying Down Position



Fully open up the pad. Shape the pad into a bowl shape.

With the user on their side and the pad at the back, crumple the belt and slide it through below the waist.

With the user standing, pull the pad between the legs by stretching the hook-in-line tabs so that they reach the belt.

Stretch the front of the pad up towards the waist and out at each side. Attach the hook-in-line tabs to the belt with soft pressure.

Double-check the hook-in-line tabs are fixed securely and that there's a close fit in the groin area.

TENA Flex Ergonomics Reduces effort and protects the skin

Reduces risk of back problems for staff

Thanks to the TENA Flex method of fixation, we have developed a new way to change pads that allows staff to retain a natural posture.

An independent scientific study* demonstrated how TENA Flex can contribute to the reduction of those risk factors that can cause back problems for staff.

* "Ergonomics in Hygiene Products", Linköping University

Reduction of skin problems

TENA Flex has an exclusive, breathable topsheet, which allows air to circulate, thereby reducing the effects of humidity on the skin. This creates a more natural skin environment that keeps the skin healthier and increases patient comfort.

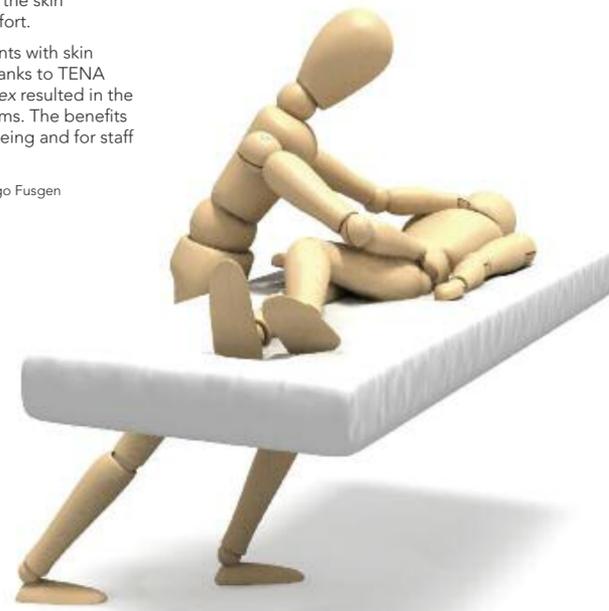
In a skin impact study* 89% of patients with skin problems showed improvements thanks to TENA Flex. In 59% of cases using TENA Flex resulted in the complete elimination of skin problems. The benefits are evident, both for patients well-being and for staff working conditions.

* "Skin & Incontinence Products" by Prof. Ingo Fusgen

How does it work?

The Breathable topsheet fabric has waterproof properties which act like plastic, but allows the skin to breathe naturally. Imagine putting your hand in a plastic bag; after a few seconds it will heat up and humidity will begin to form.

The Breathable topsheet is a fabric that allows humidity to dissipate as water vapour, but retains the urine within the absorbent core. As a result you have a healthier skin environment, together with a substantial reduction of skin irritation.



The TENA Flex range

Available in three absorbency levels for use both day and night



Product	Colour Code	Hip Size	Total Absorption Range*
TENA Flex Plus Small	Blue	60-90cm	1300 - 1700mls
TENA Flex Plus Medium	Blue	70-110cm	1700 - 2100mls
TENA Flex Plus Large	Blue	85-125cm	2100 - 2500mls
TENA Flex Plus XL	Blue	105-155cm	2500 - 2900mls
TENA Flex Super Small	Green	60-90cm	1700 - 2100mls
TENA Flex Super Medium	Green	70-110cm	2100 - 2500mls
TENA Flex Super Large	Green	85-125cm	2500 - 2900mls
TENA Flex Super XL	Green	105-155cm	3300 - 3700mls
TENA Flex Maxi Small	Lilac	60-90cm	2900 - 3300mls
TENA Flex Maxi Medium	Lilac	70-110cm	2900 - 3300mls
TENA Flex Maxi Large	Lilac	85-125cm	3700 - 4100mls
TENA Flex Maxi XL	Lilac	105-155cm	4500 - 4900mls

*ISO 11948-1 (Whole Product Testing)



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c/o Life Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

TENA Flex
It's all in the fit



TENA Flex

A breakthrough for skin-care, comfort and dignity. TENA Flex is an innovative all in one concept, for residents with moderate to severe incontinence who require assistance. Its belt system makes it easier and quicker to change than traditional products.

Easy-Select™ colour coding

With blue for Plus, green for Super and lilac for Maxi absorbency levels the colour-coded strip along the pad, with absorbency and size clearly marked, makes it easier to select the right product.

Maximum Comfort

The new *Feel Dry™* Soft layer is softer on the individuals skin than ever before.

Maximum Security

New improved and high absorbing core thanks to the new *CoreStrength™* Technology.

Trueblue™ Wetness indicator

More reliable and easier to see both before and after use. When the colour changes from yellow to blue, it's time to change.



Flexifit™ waist elastics for a perfect fit

Waist elastics in the back and at the front give a snug, body-close fit promoting both comfort and leakage security.

100% breathable™ backsheet

Both the belt and the backsheet are made of a 100% breathable, cloth-like material that feels soft and gentle next to the skin. It allows air to circulate and eliminates the noisy 'rustle' of plastic, increasing user comfort and dignity in one.

Superfit™ waist belt for easier fixation

The new way to fit – with a belt keeping the pad in place – offers several advantages.

Changing routines will become less strenuous. Fitting becomes easier either when standing, sitting or lying. No fixation pants are needed.

Plus...

- It helps to maintain continence, by allowing self toileting without removing the entire product
- It secures a perfect fit thanks to the belt system that adapts to a wide range of body shapes

With the New TENA Flex, your users will feel even more protected...

TENA Flex is an innovative all in one concept, for individuals with moderate to severe incontinence who require assistance. The belt system makes it easier and quicker to change than traditional products.

In order to offer you the right solution for your users, we have enhanced our current TENA Flex product to deliver you the **most secure and comfortable protection ever**.

We have achieved this by:

- ✓ Extensive research and development in our laboratory.
- ✓ Major investments in product lines.
- ✓ 10,000 products tested in nursing homes.

The new TENA Flex is the preferred choice of incontinence pad for 93% of caregivers who tested it*

SCA commissioned a test in use conducted in 3 countries, Norway, Italy and Switzerland with 8 Care Homes, 43 caregivers and 118 users/individuals from November – December 2010. The purpose was to evaluate the performance of new TENA Flex vs. current TENA Flex.

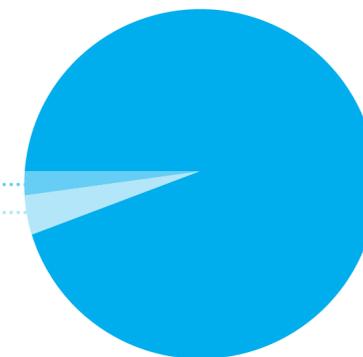
Results of the TENA Flex user test.

2%

Had no preference

5%

Preferred the current TENA Flex



93%

Preferred the new TENA Flex

*Source: SCA data on file 2011.

